



Club Constitution Example

Preamble:

The American Heart Association (AHA) is a relentless force for a world of longer, healthier lives, dedicated to ensuring equitable health in all communities. Through collaboration with numerous organizations, and powered by millions of volunteers, the AHA funds innovative research, advocates for the public's health and shares lifesaving resources.

Heart Club offers students unique opportunities to lead, serve and champion community health and well-being while improving their own. Members gain career insights, earn recognition and awards, hone their marketing and communication skills, support survivors and caregivers, and earn community service hours.

Heart Clubs are advancing health and hope for everyone, everywhere and are guided by a commitment to four key pillars: leadership, impact, fundraising, and well-being. Registered clubs are required to complete at least one activity under each of the four pillars. Activities can include, but are not limited to, leading Hands-Only CPR and AED awareness events, educating peers about stroke prevention, advocating for health policies at local and federal levels, organizing heart-healthy food drives, and collaborating with other student organizations to promote healthier lifestyles and the connection between mind, heart, and body.

Article I

Name

(Insert School Name) Heart Club

Article II

Membership *(insert any school requirements and officer positions)*.

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Article III

This section includes how officers are elected, who elects them, how long they will hold office, and what qualifications they have.



Article IV

Meetings (State the time for regular meetings and provide a method by which special meetings may be called and by whom.)

Article V

Amendments: Contains a statement of the method of amending the constitution, and of the vote required for such amendments.

Article VI

Dates on which the constitution becomes effective