

LEARN CPR

For drowning, the American Heart Association recommends rescue breaths along with compressions.



Half of all boating deaths could be prevented with their use.

LEARN TO SWIM

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Drowning is the leading cause of death in children between ages 1 and 4.

SECURE THE POOL

Install fencing with self-closing gates at least 4-feet high to separate the pool from the house and yard.

in the water

TEACH SAFETY

Talk about risky behavior: diving or swimming in unfamiliar water, and alcohol or drug use while in or near water.

FAMILY'S SAFETY PLAN

It's important for everyone in the family to be trained in CPR.

NO RUNNING!

CLEAR OUT

Make sure children aren't tempted to play unsupervised.

