

2024 - 2025 Calendar of Events

Greater Bay Area Division



1111 Broadway, Suite 1360, Oakland, CA 94607

Please note that dates are subject to change.



@AHANorthernCA



@AHACalifornia

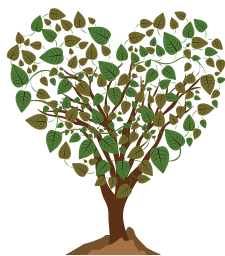
JULY 2024

NEW FISCAL YEAR BEGINS!

AUGUST 2024

8.06.24
Board of Directors Meeting

8.17.24
National Nonprofit Day



NATIONAL WELLNESS MONTH

SEPTEMBER 2024

9.15.24
North Bay Heart Walk

Hispanic Heritage Month Starts

9.21.24
East Bay Heart Walk

9.26.24
San Francisco Heart Walk

9.29.24
World Heart Day

HISPANIC HERITAGE MONTH*

*Through 10.15.24

CHOLESTEROL + AFIB AWARENESS MONTH

OCTOBER 2024

10.10.24
World Mental Health Day

10.15.24
Hispanic Heritage Month Ends

10.17.24
Leaders of Impact Launches

10.29.24
World Stroke Day

10.31.24
Well-Being Works Better Scorecard Fall Deadline

SUDDEN CARDIAC ARREST MONTH

NOVEMBER 2024

11.06.24
National Stress Awareness Day
Executives with Heart Celebration
& Second Century Launch

11.12.24
Board of Directors Meeting

11.16.24 - 11.18.24
Scientific Sessions

CAREGIVERS MONTH EAT SMART MONTH

DECEMBER 2024

12.03.24
Giving Tuesday

12.04.24
Leaders of Impact Concludes

12.31.24
Year-End Research Funding Deadline



HAPPY HOLIDAYS!

JANUARY 2025

1.20.25
Martin Luther King Jr. Day



FEBRUARY 2025

2.07.25
National Wear Red Day
Woman & Teen of Impact Starts

2.07.25 - 2.14.25
Congenital Heart Defect Awareness Week

2.28.25
Go Red for Women Bay Area Luncheon

TBD
Hard Hats with Heart Legacy Circle Event

AFRICAN AMERICAN HERITAGE MONTH HEART MONTH

MARCH 2025

3.08.25
International Women's Day

3.09.25 - 3.15.25
National Sleep Awareness Week

3.18.25
Board of Directors Meeting

3.21.25
Research Roundtable

3.24.25 - 3.28.25
National LGBTQ+ Health Awareness Week

3.30.25
National Doctors' Day

WOMEN'S HISTORY MONTH NATIONAL NUTRITION MONTH

APRIL 2025

4.02.25
National Walking Day

4.07.25
World Health Day

4.10.25
Woman & Teen of Impact Ends

4.24.25
Hard Hats with Heart

4.27.25 - 5.04.25
National Volunteer Week

4.30.25
Well-Being Works Better Scorecard Spring Deadline

STRESS AWARENESS MONTH MOVE MORE MONTH

MAY 2025

5.11.25 - 5.17.25
Women's Health Week

5.17.25
World Hypertension Day



ASIAN AMERICAN, NATIVE HAWAIIAN & PACIFIC ISLANDER HERITAGE MONTH MATERNAL HEALTH + STROKE MONTH

JUNE 2025

6.01.25 - 6.07.25
National CPR & AED Awareness Week

6.06.25
Heart Ball

6.09.25 - 6.15.25
Men's Health Week

6.10.25
Founders Day

Board of Directors Meeting

6.19.25
Juneteenth

6.30.25
End of the Fiscal Year

PRIDE MONTH FRUIT + VEGGIE MONTH